

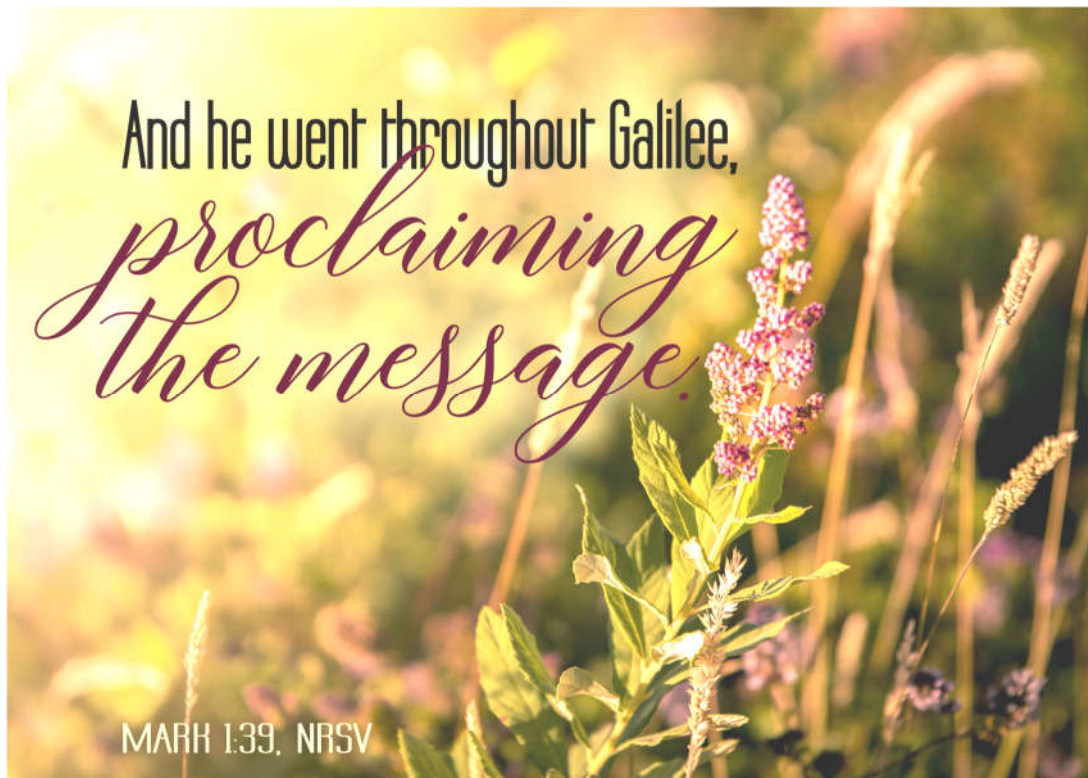
Welcome to St. Paul's Episcopal Church

1528 Oakdale Road, Modesto, CA 95355 - (209) 522-3267

www.saintpaulsmodesto.org

Fifth Sunday after the Epiphany

Feb 4, 2024



Mission Statement

We are a worshipping, inquiring and inclusive community united in Jesus' name to change the world.

Welcoming Statement

We invite everyone to join in the communal life of the body of Christ, through participation and leadership in this congregation, and by fully sharing in the life and sacraments of this church. We affirm that each person is a child of God, and that those of every race, ethnicity, creed, age, gender, marital status, physical or mental ability, sexual orientation and gender identity are called to be one with us.

The Entrance Rite

Prelude

Chuck Sheaffer

Processional Hymn #423 Immortal, invisible, God only wise

Introductory Rite

BCP page 355

Celebrant: Blessed be God, Father, Son and Holy Spirit.

All: And blessed be God's Kingdom, now and for ever. Amen.

Celebrant: Let us pray.

All: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Christ our Lord. Amen.

Gloria

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

Setting: Robert Powell (b. 1932)

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

The Old Testament Reading

Isiah 40:21-31

²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them

like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? ²⁸Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.

All: Thanks be to God

The Psalm

Psalm 147:1-12, 21c

¹ Hallelujah!

How good it is to sing praises to our God! *

how pleasant it is to honor him with praise!

² The Lord rebuilds Jerusalem; *

he gathers the exiles of Israel.

³ He heals the brokenhearted *

and binds up their wounds.

⁴ He counts the number of the stars *

and calls them all by their names.

⁵ Great is our Lord and mighty in power; *

there is no limit to his wisdom.

⁶ The Lord lifts up the lowly, *

but casts the wicked to the ground.
⁷ Sing to the Lord with thanksgiving; *
make music to our God upon the harp.
⁸ He covers the heavens with clouds *
and prepares rain for the earth;
⁹ He makes grass to grow upon the mountains *
and green plants to serve mankind.
¹⁰ He provides food for flocks and herds *
and for the young ravens when they cry.
¹¹ He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
¹² But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.
²¹ Hallelujah!

The Epistle

1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord

All: Thanks be to God

Gradual Hymn #529 In Christ there is no East or West

The Holy Gospel

Mark 1:29-39

The Holy Gospel of Our Lord Jesus Christ According to Mark.

All: Glory to you, Lord Christ.

²⁹As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door.

³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. ³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

All: Praise to you, Lord Christ.

Homily

Rev. Dondi

The Nicene Creed

BCP page 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally be-

gotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit He became incarnate from the Virgin Mary, and was made man.

For our sake, He was crucified under Pontius Pilate; He suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His Kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son He is worshipped and glorified.

He has spoken through the prophets.

We believe in one holy, catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen

The Prayers of the People

The Confession of Sin

BCP page 360

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins

through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Rite of Peace

Celebrant: The peace of the Lord be always with you.

All: And also with you.

Blessings and Celebrations

Birthday Prayer

Watch over your *children*, O Lord, as their days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if they fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen

Wedding Anniversary Prayer

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and His Church. Send, therefore, your blessing upon these your servants, that they may so love, honor and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Prayer for the Anniversary of Baptism

O God, you prepared your disciples for the coming of the Holy Spirit through the teaching of your Son, Jesus Christ, who was first baptized by John in the Jordan River. Bless this *child* of yours on the anniversary of Baptism, that the gifts of the Holy Spirit may ever remain with *him/her*, through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Prayer for the Sick

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with your servants, that *their* weakness may be banished and *their* strength

restored; and that *their* health being renewed, *they* may bless your holy Name; through Jesus Christ our Lord. Amen

For the Election of a Minister

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for St. Paul's, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

Prayer of St. Francis of Assisi

Lord make us instruments of your peace.

Where there is hatred, let us sow love;

where there is injury, pardon;

where there is discord, union;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

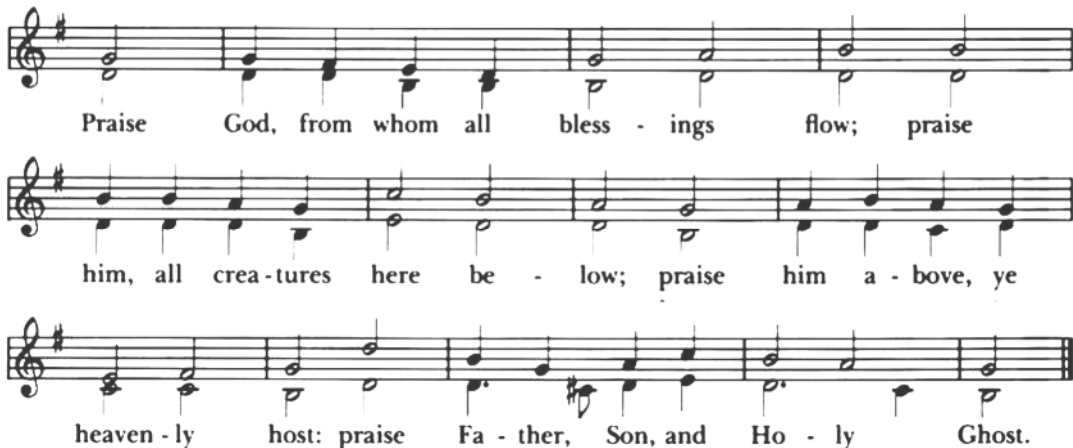
Grant that we may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love.

**For it is in giving that we receive; it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life. Amen.**

Offertory Hymn #401 The God of Abraham praise



Praise God, from whom all blessings flow; praise
him, all creatures here below; praise him above, ye
heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

The Holy Communion

The Great Thanksgiving

Eucharistic Prayer A

BCP page 361

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth,

Proper Preface

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



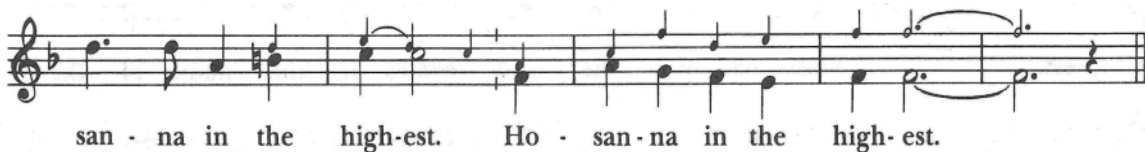
heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



Setting: From *A Community Mass*; Richard Proulx (b. 1937)

Celebrant: Holy and gracious Father, in your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of us all.

He stretched out His arms upon the cross, and offered Himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night He was handed over to suffering and death, our Lord Jesus Christ took bread; and when He had given thanks to you, He broke it, and gave it to His disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper He took the cup of wine; and when He had given thanks, He gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

All: Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By Him and with Him and in Him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen**

Celebrant: And now as our savior Christ has taught us, we are bold to sing

The Lord's Prayer

Our Fa-ther who art in hea-ven, Hal-owed be thy Name, Thy king-dom
come, Thy will be done, on earth as it is in hea-ven. Give us this day our
dai-ly bread. For-give us our tres-pas-es, As we for-give those who tres-pass a-gainst us,
as we for-give. And lead us not in-to temp-ta-tion, but de-li-ver us from
e-vil. Thine is the king-dom and the pow-er and the
glo-ry for-ev-er. A-men

Celebrant: Alleluia, Christ, our Passover, is sacrificed for us

All: Therefore, let us keep the feast, Alleluia.

Agnus Dei

Je-sus, Lamb of God: have mer-cy on us. Je-sus, bear-er of our sins: have
mer-cy on us. Je-sus, re-dem-er, re-deem-er, of the
world: give us your peace, give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

Communion Hymn WLP #764 Taste and see (see insert)

Closing Prayers

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son, our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of His Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.

Final Blessing and Dismissal

Celebrant: The Lord be with you.

All: And also with you.

The blessing is bestowed.

Recessional Hymn #411 O, bless the Lord, my soul!

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God, Alleluia, Alleluia!

Postlude:

Chuck Sheaffer

We Have Gluten-free Wafers

Gluten-free communion wafers are available on request. Please let one of the ushers know if you'd like to receive gluten-free bread.

February Ministry Schedule

	Feb 4	Feb 11	Feb 18	Feb 25
Clergy Homily	Rev. Dondi Rev. Dondi	Rev. Lyn Rev. Lyn	Rev. Lyn Dcn. Greg	Rev. Kathie Rev. Kathie
Acolytes	Nancy S Judy T	Nancy S Judy T Anthony M	Annamary P Jim P	Nancy S Judy T Carlos M
Lectors	Rex A Steph G	Barbara V Alex S	Steph HW Ishmael H	Ann M Christine J
Intercessor	Sarah H	Judy T	Linda L	Lora B
Greeters	Christine J David L	William S Claudine R	Carolyn L Christine J	Phil M Ismael H
Ushers	David L Phil M	William S Claudine R	Carolyn L David L	Phil M Ismael H
Vestry Rep	Sarah H	Judy T	Linda L	Lora B



Ash Wednesday Services

There will be 2 services on Ash Wednesday, Feb 14.

One service will be at 12 noon with Rev. Lyn and the other service will be at 7 p.m. with Rev. Kathie

Have You Pledged?

Thank you to everyone who has pledged so far. If you haven't turned in your pledge card yet, there are still some in the church entry.

Prayer and Praise as of 1-26-2024



Please pray for healing and comfort for the following people:

Theresa Grieshaber

Pam & Mike Cox

Suzy Cano

Elaine Paradis

Susan Sell

Linda's Aunt Mudge

Deacon George

Ann Mootz's sister-in-law

Michael Thorington

Sharon Andrew's daughter-in-law

Enrique Perez (student of Danielle Verges)

Phil & Anita Machado

Mary Su's mother

Ismael Huggins

Kristina & Rozy Frias

Ken & Trish Hart

☞ Bishop Michael Curry, is home following successful surgery.

☞ Susan Sell's son Bryce for strength.

☞ Please pray for those in war torn areas everywhere; Ukraine, Holy Land, Gaza, Palestine and Afghanistan.

☞ Please pray for the people of Hawaii, especially the victims of the wildfires on Maui.

☞ Pray for the leaders of all nations for wisdom.

☞ Please pray for the American people to listen to God's will on their hearts and do unto others as they would want done to them and their families.

☞ Please pray for all travelers as journey to and from their destinations.

Please see the weekly email for the entire list.

(Some of these people have been on our prayer list a long time, that is because they are in need of long term prayer. The list is updated every week)

If you have any prayers or praises you would like added or updated, please contact the church office, phone number 209-522-3267.

Shrove Tuesday Talent Show?



As of January 29, no one has signed up for the talent part of Shrove Tuesday. There are many ways you can share your talent. If you draw or paint, you can bring some of your artwork. If you are a photographer, bring some of your photos. If you sew, quilt, knit or crochet, you can bring pieces to show us. If you would like to read a story or a poem, if you know some magic tricks, if you do woodwork-

ing, if you want to work with a group of people and put together a skit, if you can sing, dance or play an instrument, you are welcome to share your talent with us! If you need an accompanist or background music, just let Chuck know. Any other talents are also welcome! This is the part of Shrove Tuesday that makes it so much fun, please, let's not miss out on all the fun and no one wants to listen to Chuck's jokes all night.

Please, PLEASE, **PLEASE**, call or email Chuck and let him know what talent you will be sharing for our Pancake Supper and Talent Show. Let's not let this traditional fun event fail. His email is cbshea@pacbell.net

I'll be looking forward to seeing our email box being filled with people signing up for the talent show. - Cherie Sheaffer



The 2024 Altar Flower donation list is now posted in the Narthex. You may sign up on the list or send a request to carolynlist@sbcglobal.net. The donation amount remains at \$35. When you donate, your name and the memory, celebration, or honor of your person or event is printed in the weekly Service Bulletin so the congregation can observe with you.



Shrove Tuesday Pancake Supper and Talent Show

February 13, 2024

Now that the whole Christmas season is finished, it is time to look ahead to the time of preparation for Easter. For St. Paul's that means the tradition of enjoying delicious pancakes and reveling in all of our talents.....even with the favorite jokester.

Shrove Tuesday will be February 13th. Jim and Annamary Peck have decided to hand over the spatula to someone else after years of capably and cheerfully handling the supper. Chuck Sheaffer will continue to coordinate the talent show part of the evening.

To be able to carry on the traditional way to prepare for Lent new volunteers are needed to:

- ◆ Help with setting up and decorating the hall
- ◆ Organizing the meal, purchasing ingredients, overseeing the kitchen
- ◆ Kitchen help for mixing, flipping, and heating pancakes and sausage/bacon
- ◆ Clean-up
- ◆ Re-setting the hall

As the saying goes.....many hands make light work....all volunteers for any portion of the fun are welcome. Let's handle this together!

Please contact Linda Lowe, 209-496-3937 or lwlowe@outlook.com for more information.



Sunday School

Sunday School has started again. The classes start at the Old Testament reading during our service. The class is held in the glassed in room at the back of the church. Please come and join the group.



• FOR YOUR INFORMATION •

☞ **Sunday School** has started and is held in the room at the back of the church during the Readings and the Homily.

☞ **Tuesday Noon Day Prayer** in the Guadalupe Chapel at 12 noon, every Tuesday. To be followed by **Jump Start** Bible study.

☞ If you are interested in joining the **Altar Guild** please contact Elaine Paradis or Toni Clark.

☞ **Tai Chi** meets in the Parish Hall every Tues. and Thurs. from 9-10.

☞ **Choir** is still on a break.

☞ If you are interested in playing **hand bells**, contact Judy Teter.

☞ **Food Distribution** continues in the Parish Hall the 1st Wednesday of every month from 10 to 11. If you are interested in helping, please contact Judy Teter. If you have grocery bags to donate, please bring on Sunday.

☞ The first Sunday of the month there is a donation box on the altar rail for **The Stanislaus Food Initiative** (formerly Interfaith Ministries).

☞ There will be a clothing donation box for **MoPride** in the narthex. We will be collecting clothing year around. They are also in need of feminine hygiene products.

☞ If you are interested in helping with **Salvation Army** dinners, please contact Linda Lowe.

☞ If you are interested in joining **Knit One, Pray Two**, please contact Gayle Ivy. They will be meeting the 3rd Monday of the month at 1 pm in the youth room of the Parish Hall. This years charity is the Seaman's Institute. They are making scarfs, hats, socks etc.

☞ There are still free **Covid 19 tests available** in the Narthex or in the church office.

☞ If you are interested in joining a Wednesday **Morning Prayer** service or our Book Club contact Judy Thorkelson jthork2404@aol.com

☞ There will be a basket in the narthex for **the Shower Shuttle**, they always need underwear and socks! We will also be putting together hygiene kits and need two-blade razors, toothbrushes, toothpaste, travel Kleenex, combs and q-tips. Clothes soap and dryer sheets are also a big need.

St. Paul's Episcopal Church



Pastoral Team

Archdeacon Emeritus George Cano 209-551-2304
Deacon Greg Masztalgregmasz@gmail.com

Senior Warden

Linda Lowe: 209-522-3267.....stpaulsmodesto@gmail.com

Other Important Contacts

Music Director, Chuck Sheaffercbshea@pacbell.net
Hand Bells, Judy Teterjlpt@sbcglobal.net
Prayer Chainstpaulsmodestoca@gmail.com
St. Paul's Epistle & Bulletin, Cherie Sheaffercbshea@pacbell.net
Social Media, Deacon Greg Masztal.....gregmasz@gmail.com
Finance Committee, Carolyn List..... casrolynlist@sbcglobal.net
Event Coordinator, Tracy Pughvinofileincal@gmail.com
Stewardship Campaign, Sarah Hartmannshartmann1@charter.net
"Safeguarding God's Children/People"Stephanie Gilmer

Vestry

Senior Warden: Linda Lowe: 209-496-3937.....lwlowe@outlook.com
Junior Warden: Judy Teter

Lora Burnett, Sarah Hartmann, Ismael Huggins, Linda Lowe, Luis Martinez,
Ann Mootz, Chuck Sheaffer, Nancy Silva and Judy Teter

Treasurer: Stephanie Gilmer (non-vestry)

Vestry Clerk: Carolyn List



St. Paul's Episcopal Church of Modesto, CA

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